# LUNCH

## TUESDAY, NOVEMBER 25, 2025

#### **CUBAN-STYLE PORK BITES**



CALORIES 340

SODIUM 207mg

PROTEIN 30g

FAT 21g CARBS 7g

CHOLESTEROL 75mg

FIBER 0g

#### **BLACKENED CHICKEN**

CALORIES 130

SODIUM 240mg

PROTEIN 21g

FAT 5g CARBS 0g CHOLESTEROL Omg

FIBER 0g

sesame

### PROTEIN POWER BOWL





CALORIES 353

SODIUM 220mg PROTEIN 15g FAT 9g CARBS 53g CHOLESTEROL Omg

FIBER 9g



















